

# Director's Regulation No. 3/2020 Operation Rules of the Fitness Centre in the Sázava Residence Hall

#### **I. General Provisions**

- 1) The operation rules determine the rules for the operation of the fitness centre located in the Sázava Residence Hall.
- 2) Access to the fitness centre and its use is allowed only to persons accommodated in the accommodation facilities of the UCT Prague; any exception is to be permitted by the director of AUF based on the proposal of the manager of the Residence Hall or the administrator of the fitness centre.
- 3) The use of the fitness centre is possible for the accommodated persons on the basis of their "club membership" (the number of people is limited by the capacity of the fitness centre) for a flat fee of 500 CZK/year (from September till August), or, in case of free capacity, the access is also possible for a one-time fee of 50 CZK (for one visit not time restricted). Records, payments, etc. are to be realised by the reception desk in the Sázava Residence Hall.
- 4) The operation is supervised by an administrator, who is appointed from the accommodated students by the director of AUF. Suggestions and comments are to be delivered to the administrator, who is in regular contact with the operator of the fitness centre through the manager of the Sázava Residence Hall. Contact information for the current administrator is available in the Sázava Residence Hall reception desk and will be clearly posted at the entrance to the fitness centre.
- 5) The fitness centre is operated by the Administration of University Facilities of the UCT Prague.

## **II. Opening Hours**

1) The opening hours of the fitness centre are set to the day time period from 7:00 until 22:00.

## **III. Borrowing Keys to the Fitness Centre**

- 1) During the opening hours, the key can be borrowed at the reception desk of the Sázava Residence Hall against the signature of the accommodated person. With the signature, the accommodated person confirms that s/he has read these Operation Rules and accepts them.
- 2) Due to the capacity of the fitness centre, the total amount of the keys is limited by the number of 10 (for 10 people). Entry of any other persons without them personally collecting the key at the reception desk is considered unauthorized and it is not allowed.
- 3) The keys must be returned to the Sázava reception desk no later than at 22.15 of the same day when they were borrowed.

#### **IV. Operation of the Fitness Centre**

- 1) After receiving the key, the accommodated persons are obliged to perform a basic visual inspection of the gym and record any defects in the Loan Book.
- 2) Access to the fitness centre is only allowed in clean sports shoes with light soles that do not damage or stain the floor covering.
- 3) For hygienic reasons, it is necessary to use a towel or a pad during exercises performed on fitness machines.
- 4) In addition to these Operation Rules of the Fitness Centre, all the relevant internal regulations of the UCT Prague apply, namely those governing the operation of the UCT Prague Residence Halls and its premises.
- 5) Before leaving the fitness centre, all the equipment must be returned to its original place.
- 6) The manager of the Sázava Residence Hall determines hours for regular daily cleaning (these hours will be posted in front of the entrance to the fitness centre and the fitness centre has to be closed during this period of time).
- 7) The time for regular organized group exercises can be booked with the administrator or the manager of the Sázava Residence Hall. The use of the gym by other persons shall be limited during the time already booked. In the case of a group exercise organized for a fee, the condition is the conclusion of a lease agreement between the event organizer and the AUF.

#### V. Sanctions

- 1) Violations of the Operation Rules and internal regulations of the UCT Prague are settled by the administrator in cooperation with the manager of the Residence Hall, including compensation for damage, restriction of entry, etc.
- 2) For individual violations of the Operation Rules (e.g. the use of the fitness centre without prior payment of a one-time entrance fee or subscription in the form of a flat fee), the accommodated person in question is subject to an administrative fine amounting to the double of the one-time entrance price, i.e. 100 CZK.
- 3) The decision can be appealed against to the director of AUF.

#### VI. Validity

- 1) The Operation Rules shall become valid on the date of their signing and are effective starting from 1. 5. 2020.
- 2) On the date of signing, the Operation Rules from 17. 8. 2015 are herewith abolished.

In Prague, on April 30, 2020

Ing. Stanislav Starý
Director of Administration of University Facilities
UCT Prague